



A Letter from the Chair of the Board of Directors, John Albright

Another year has gone by, and it is time to reflect on this past year. As a Board of Directors, we look hard at the things that matter to us. Did we provide better and more accessible service to our consumers? Did we achieve the goals we set for ourselves? We planned and built a resource—Crossroads—to serve our community and our consumers. The process of doing so took on the air of a barn-raising for those of us directly involved. I believe success in any project can be measured by how many people benefit for participating. Crossroads certainly was evidence of that! We found support from every person and level of government throughout this entire project. When support and cooperation are present, the burden of carrying out the project is light. Everyone is to be congratulated for this extraordinary accomplishment!

We have also progressed in putting together a solid Board of Directors with a vision of what Southwest Colorado Mental Health Center can offer to our many communities. Early childhood development is a key component of good mental health. Providing easy access for children, adults, and the elderly is an ongoing goal at SWCMHC. We have used many models to successfully help break down the myths associated with mental illness. The best model of all is for each one of us, as individuals standing together, to debunk those myths and stigmas as we encounter them. Working together, we can easily build buildings and destroy myths, and I stand with you in commitment to accomplish this.

John Albright
Chair, Board of Directors



A Letter from the Chief Executive Officer, Bern Heath, Jr., Ph.D.

With completion of the Crossroads project, this seemed like a good time to reflect on our progress over the past six years. What an incredible journey our center has had over this period—16 new programs, three new service sites, expanded hours of operation, and a bigger and more meaningful difference than ever before in the lives of those who live in our southwest Colorado communities.

The Center has not done this alone. Our partnerships with La Plata County, Mercy Regional Medical Center, Southwest Memorial Hospital, Animas Surgical Hospital, Mercy Housing Southwest, the counties, municipalities and hospital districts in support of the new Acute Treatment Unit, county Departments of Human Services, the United Way, our colleague agencies, and the many community members who have supported us over the years have made our success possible.

In all domains of client satisfaction measured by the State in the most recent report (Access, Appropriateness/Quality, Outcomes, Client Participation and Overall Satisfaction), clients rated us above the State average and for the third year in a row our ratings increased. We served 7.4% more clients in Fiscal Year 2006 than in Fiscal Year 2005, we delivered 9.9% more hours of service, and we opened the Crossroads facility creating a new State treatment category in the process. Not only has our success been the result of a team effort externally, but internally as well. Guided by our values, our bright and skilled staff members—front and back office, clinical and administrative—have made the difference.

Now that we have, for the very first time, a continuum of emergency resources, we need to find more and better ways to prevent mental health issues from becoming emergencies. This will involve a much greater role for the Center integrating with primary care and helping to establish school-based health clinics.

We have exciting opportunities in front of us. Our staff, our partnerships in our communities, an increasing understanding of mental health in our region that came from our Crossroads campaign and from the failed Health Service District initiative—all give me confidence that Southwest Colorado Mental Health Center will be an even more effective resource for us all in years to come.

My heartfelt thanks go to each and every one of you who has supported our Center over the past year and worked with us to ensure a quality of life for all residents throughout our region. Equally heartfelt thanks go to every member of the staff of Southwest Colorado Mental Health Center. Your effort, your dedication, and your commitment have made our Center what it is.

Bern Heath, Jr., Ph.D.
Chief Executive Officer

PROGRAM SERVICES

Southwest Colorado Mental Health Center, Inc., offers a wide variety of services and service modalities to help people in our communities improve the quality of their life. Therapeutic interventions are based on the recovery model: a professional/consumer partnership. Issues addressed include, but are not limited to, depression, anxiety, obsessive/compulsive disorder, trauma, ADHD, behavioral issues for children and adolescents, grief issues, substance abuse, and family issues/problems.

Psychiatric & Medication Management Services

- Diagnostic interviews
- Inpatient psychiatric consultations
- Medication management services
- Specialty children's services:
 - Board certified child/adolescent psychiatrist
 - Psychologist
 - Child/adolescent therapists
- Forensic services
- Emergent evaluations at ATU
- Geriatric services

Emergency Services

- Crisis hotline 24 hours per day, 7 days per week
- Walk-in evaluation and emergency counseling at all office locations
- Emergency follow-up services
- On-site emergency evaluations at the following locations:

Durango, Colorado

- Mercy Regional Medical Center
- Stepping Stone
- Robert E. DeNier Youth Services Center
- Crossroads

La Plata County

- La Plata County Jail

Cortez, Colorado

- Southwest Memorial Hospital

Archuleta County

- Archuleta County Jail

Outpatient Services

- Individual therapy
- Family and group therapy
- Family support services
- Adult DBT Program

Child/Adolescent Services

- Play therapy services for children 10 years and under
- Special evaluations
- Regional Youth and Family Support Program
- Adolescent DBT Program
- Durango High School Summit Program
- Treatment/Therapeutic Foster Care Program
- Early Childhood Program

Vocational Services

- Individual and group services
- Assessment, service planning, and career counseling
- Pre-employment and job seeking skills workshops
- Vocational interest, aptitude and abilities testing
- Job development, placement, and job coaching
- Post-employment follow-along and extended support services
- Work experience placement, situational assessment
- Job site and transferable skills analysis
- Community resource referral/networking

Residential Services

Stepping Stone – Durango

- 24-hour, short-term residential acute care facility
- Transitional, respite, and safe bed service
- Hospital diversion and hospital step-down
- Case management support

Valle de Merced - Durango

- Affordable housing units for mental health clients
- Case management support

PROGRAM SERVICES *(continued)*

Service Coordination

- Individual and family support services
- Community-based crisis intervention
- Support with medication regimen
- Assistance in accessing resources to meet daily needs
- Linkage and referral to other community resources

Consumer and Family Support Services

- Consumer/Family Advocacy
- Warm Line
- Wellness Recovery Action Plan (WRAP)
- Cortez KIVA Drop-in Center
- Family support services
- Peer support group
- Grievance coordination
- Double Trouble Group
- Consumer and Family Outreach

Substance Abuse Services

- Detox Program
- Dual Diagnosis Evaluation and Treatment
- Monitoring Program
- New Day
 - Enhanced and traditional outpatient programs
 - DUI Level II Education and Therapy Program
 - Youth Substance Abuse Program
 - Women's Group Program
 - SSIC Jail Programs

For additional information about our Center, services, and programs, please visit our website at www.swcmhc.org.

CROSSROADS

SWCMHC is working hard to become the best possible resource for our five-county region. In a rural setting, this requires innovation. Since the closure of the inpatient psychiatric unit at Mercy Medical Center in February 1999, we have been hard pressed to serve persons in our community in psychiatric crisis. To meet this critical need, SWCMHC has designed and built a custom facility—Crossroads—to provide short-term residential care for persons in psychiatric crisis. The design incorporates an assessment unit to facilitate Crisis Intervention Team (CIT) drop-offs and determine appropriate crisis placement and treatment, an Acute Treatment Unit (ATU), and a Detox Unit that is close to the emergency room at Mercy Regional Medical Center.

The Community Psychiatric Resource Task Force was formed in January 2003 to lead a community effort to build Crossroads. Through the dedicated efforts of the Task Force and the incredible response of all of the counties, cities, and towns of Southwest Colorado, along with many agencies and various community organizations, Crossroads was completed in October 2006.



**SERVICE DATA FOR FY 2006
(JULY 1, 2005 THROUGH JUNE 30, 2006)**

Number of Hours of Service Delivered*

Program	Client's County of Residence			Other CO	Out of State	Unknown	Total
	Archuleta ¹	La Plata ²	Montezuma ³				
Case Management	290.8	4,266.3	1,207.4	5.5	8.7	--	5,778.7
Crisis	289.6	2,290.8	549.3	16.9	84.3	31.6	3,262.5
Dual Diagnosis	--	140.4	--	--	--	--	140.4
Medical Services	281.9	1,411.2	388.5	15.8	55.6	--	2,153.0
Mental Health Outpatient	1,500.2	3,272.2	2,895.3	60.5	158.7	--	7,886.9
Office of Consumer & Family Affairs	2.2	52.3	20.3	--	2.4	--	77.2
Regional Youth & Family Support	606.6	941.3	675.2	33.1	--	1.5	2,257.7
Substance Abuse Outpatient	13.5	11,849.3	143.3	133.5	83.5	13.8	12,236.9
Success	3.3	1,405.7	--	--	0.7	--	1,409.7
Vocational Services	68.1	1,627.8	443.3	--	--	--	2,139.2
Youth Substance Abuse Outpatient	0.3	366.1	--	--	--	--	366.4
TOTAL	3,056.5	27,623.4	6,322.6	265.3	393.9	46.9	37,708.6

*Does not include residential services.

Residential Services – Number of Bed Days Utilized

Program	Client's County of Residence			Other CO	Out of State	Unknown	Total
	Archuleta ¹	La Plata ²	Montezuma ³				
Detox	30	1,198	99	65	377	22	1,791
Residential	75	755	27	62	--	--	919
TOTAL	105	1,953	126	127	377	22	2,710

¹ Includes all municipalities

² Includes San Juan County and all municipalities

³ Includes Dolores County and all municipalities

**SERVICE DATA FOR FY 2006
(JULY 1, 2005 THROUGH JUNE 30, 2006)**

Number of Consumers Served*

Program	Client's County of Residence			Other CO	Out of State	Unknown	Total
	Archuleta ¹	La Plata ²	Montezuma ³				
Case Management	34	222	91	2	5	--	354
Crisis	86	555	249	10	35	35	970
Detox	19	561	33	41	185	19	858
Dual Diagnosis	--	14	--	--	--	--	14
Medical Services	193	874	281	11	40	--	1,399
Mental Health Outpatient	165	485	346	7	23	--	1,026
Office of Consumer & Family Affairs	3	23	3	--	1	--	30
Regional Youth & Family Support	38	56	48	2	--	1	145
Residential	5	41	2	1	--	1	50
Substance Abuse Outpatient	5	440	9	5	5	1	465
Success	2	67	--	--	1	--	70
Vocational Services	15	146	17	--	--	--	178
Youth Substance Abuse Outpatient	1	21	--	--	--	--	22
TOTAL	566	3,505	1,079	79	295	57	5,581
TOTAL UNDUPLICATED							2,906

*The number of clients may be duplicated as a client can be seen under each program with the same client number.

¹ Includes all municipalities

² Includes San Juan County and all municipalities

³ Includes Dolores County and all municipalities

FINANCIALS

Balance Sheet

	<u>2006</u>	<u>2005</u>	<u>2004</u>	<u>2003</u>	<u>2002</u>
ASSETS:					
Current Assets	\$ 1,581,942	\$ 1,164,778	\$ 904,835	\$ 642,103	\$ 509,559
Investments	1,554,860	1,506,569	3,178,482	3,361,548	297,403
Property and Equipment, net	3,673,367	1,319,073	1,286,886	1,296,975	1,339,752
Other Assets	<u>29,094</u>	<u>31,973</u>	<u>34,851</u>	<u>82,162</u>	<u>62,354</u>
Total Assets	<u>\$ 6,839,263</u>	<u>\$ 4,022,393</u>	<u>\$ 5,405,054</u>	<u>\$ 5,382,789</u>	<u>\$ 2,209,068</u>
LIABILITIES AND NET ASSETS:					
Current Liabilities	\$ 1,209,000	\$ 761,017	\$ 644,650	\$ 460,035	\$ 413,592
Long-Term Liabilities	1,753,648	1,928,607	3,767,989	4,242,729	973,187
Other Liabilities (incl. Deferred Revenue)	131,688	101,854	48,610	175,050	221,981
Net Assets	<u>3,744,927</u>	<u>1,230,915</u>	<u>943,805</u>	<u>504,974</u>	<u>600,308</u>
Total Liabilities and Net Assets	<u>\$ 6,839,263</u>	<u>\$ 4,022,393</u>	<u>\$ 5,405,054</u>	<u>\$ 5,382,789</u>	<u>\$ 2,209,068</u>

NOTE: 2006 financial information is pre-audit

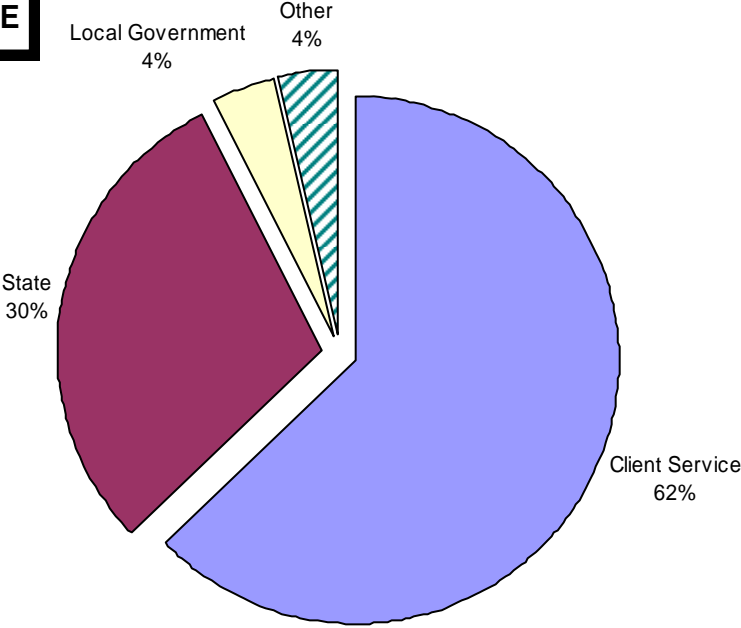
Statement of Operations

	<u>2006</u>	<u>2005</u>	<u>2004</u>	<u>2003</u>	<u>2002</u>
REVENUE:					
Client Service	\$ 3,592,501	\$ 3,223,739	\$ 2,822,934	\$ 2,693,945	\$ 2,711,873
State	1,695,079	1,582,765	1,609,624	1,562,517	1,462,288
Local Government	230,600	194,725	129,725	99,541	75,225
Other	<u>201,499</u>	<u>260,645</u>	<u>147,519</u>	<u>212,750</u>	<u>167,456</u>
	\$ 5,719,679	\$ 5,261,874	\$ 4,709,802	\$ 4,568,754	\$ 4,416,842
EXPENSES:					
Personnel	\$ 4,031,837	\$ 3,519,991	\$ 2,866,400	\$ 3,168,081	\$ 2,954,018
Client Related	223,748	224,352	147,253	280,968	112,240
Occupancy	143,768	125,017	148,576	240,653	206,304
Operating	596,768	724,003	807,677	689,643	706,675
Professional fees	157,936	103,623	86,610	136,334	88,710
Other Expenses	<u>306,120</u>	<u>315,580</u>	<u>222,736</u>	<u>136,493</u>	<u>184,044</u>
	\$ 5,460,177	\$ 5,012,566	\$ 4,279,252	\$ 4,652,172	\$ 4,251,991
Net Income/(Loss)	<u><u>\$ 259,502</u></u>	<u><u>\$ 249,308</u></u>	<u><u>\$ 430,550</u></u>	<u><u>\$ (83,418)</u></u>	<u><u>\$ 164,851</u></u>

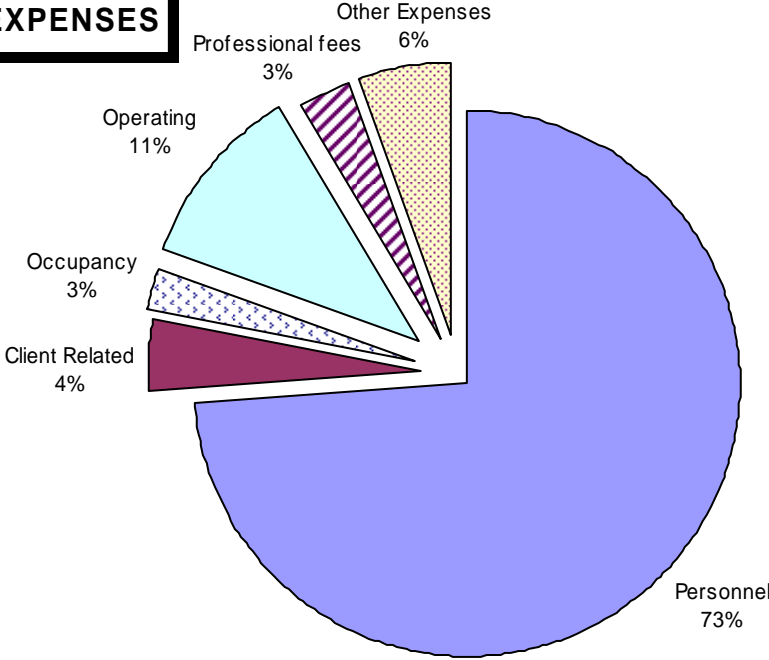
NOTE: 2006 financial information is pre-audit

INCOME STATEMENT PERCENTAGES (2006)

2006 REVENUE



2006 EXPENSES



Our Mission ...

is to make a meaningful difference by delivering the highest quality mental health service to the community in the most appropriate, affordable, educational, and accessible manner.

Our Values ...

- Making a meaningful difference
- Supporting family, job, and intimate relationships
- Engaging all consumers and family members to the best of our ability
- Consumer partnership
- Culture of change
- Commitment to excellence





***Administrative Office and
Durango Counseling Center***

281 Sawyer Drive
Suite 100
P.O. Box 1328
Durango, CO 81302
970-259-2162
970-247-5255 (fax)

Cortez Counseling Center

215 West Arbecam
Cortez, CO 81321
970-565-7946
970-565-9005 (fax)



Pagosa Springs Counseling Center

475 Lewis Street
P.O. Box 1347
Pagosa Springs, CO 81147
970-264-2104
970-264-2108 (fax)



New Day Counseling Center

1474 North Main, Suite 211
Durango, CO 81301
970-259-5820
970-259-6282 (fax)

Stepping Stone

2912 Richard Drive
Durango, CO 81301
970-259-5681
970-247-4713 (fax)

***Crossroads (includes Detox, ATU,
and Assessment Center)***

1125 Three Springs Boulevard
Durango, CO 81301
970-403-0180
970-403-0190 (fax)

Community Health Clinic

495 West 4th
Dove Creek, CO 81324
970-677-2291

24/7 CRISIS HOTLINES:

Durango/Pagosa Springs – 970-247-5245 / Cortez – 970-565-7946

2006 BOARD OF DIRECTORS

John Albright – Chair (*Durango*)
Jim Knoll, MD – Vice Chair (*Pagosa Springs*)
Deanna Devereaux – Treasurer (*Durango*)
M.B. McAfee – Secretary (*Lewis*)
Clint Barter (*Durango*)
Ben Johnson (*Pagosa Springs*)
Balty Quintana (*Ignacio*)
Jean Somsen (*Durango*)

MANAGEMENT TEAM*

Bern Heath, Jr., Ph.D. Chief Executive Officer
Shelly Burke Executive VP/Chief Financial Officer
Linda Lute, LAC, MAC Executive VP/Chief Clinical Officer
Lori Loschert Raney, M.D. Medical Director
Pam Wise Romero, Ph.D. Senior VP, Outpatient & Emergency Svcs.
Karen Wallace, LPC VP, Residential Svcs. & Service Coordinator
Tom Bonde, LCSW VP, Substance Abuse Services
Patricia Ellisor, LCSW VP, Emergency & Outpatient Services
Scattie McGrath, LPC Vice President, Special Programs
Ellis Miller Director, Consumer & Family Affairs
Bob Medearis, BA Director, Vocational Services
Lillian Ramey, LCSW Director, Cortez Program
Brent Oliver Vice President, IT Department
Marie Roessler Vice President, Financial Programs
Pat Roy Director, Human Resources
Jackie Rakes Customer Relations Manager
Roxann Stettler Administrative Services Director

*The majority of clinical managers have substantial direct service responsibilities.